

## Lectio Divina

### January 25th 2026 3rd Sunday of Ordinary Time - Year A - Matthew 4:12 - 23

<sup>4-12</sup>Now when Jesus had heard that John was cast into prison, he departed into Galilee;

<sup>13</sup>And leaving Nazareth, he came and dwelt in Capernaum, which is upon the sea coast, in the borders of Zabulon and Nephthalim: <sup>14</sup>That it might be fulfilled which was spoken by Esaias the prophet, saying, <sup>15</sup>The land of Zabulon, and the land of Nephthalim, by the way of the sea, beyond Jordan, Galilee of the Gentiles; <sup>16</sup>The people which sat in darkness saw great light; and to them which sat in the region and shadow of death light is sprung up.

<sup>17</sup>From that time Jesus began to preach, and to say, Repent: for the kingdom of heaven is at hand.

<sup>18</sup>And Jesus, walking by the sea of Galilee, saw two brethren, Simon called Peter, and Andrew his brother, casting a net into the sea: for they were fishers. <sup>19</sup>And he saith unto them, Follow me, and I will make you fishers of men. <sup>20</sup>And they straightway left their nets, and followed him. <sup>21</sup>And going on from thence, he saw other two brethren, James the son of Zebedee, and John his brother, in a ship with Zebedee their father, mending their nets; and he called them. <sup>22</sup>And they immediately left the ship and their father, and followed him. <sup>23</sup>And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.

<p>➤ <b>Read and re-read</b> – out loud and slowly the Gospel.</p> <p>➤ <b>Meditate</b> - on reading as being spoken to you, an experience in your life.</p>	<p>➤ <b>Pray</b> - Thanksgiving – Repentance – Petition.</p> <p>➤ <b>Action</b> – Attitude (Call to change / to act /to do).</p>
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In this week's gospel we see the arrest of John the Baptist and Jesus starting his ministry in Galilee at the extreme end of the Holy Land. This was a symbol of Jesus bringing God 'to the ends of the earth.' Jesus began his teaching with the message "Repent for the kingdom of heaven is at hand." He is calling people to have a change of heart, to a new way of seeing and doing things. Jesus went and invited the two brothers Simon and Andrew, two fishermen to join him. Then he saw James and John who were also brothers and fishermen to join him. The four followed him at once. Jesus then went about his work of proclaiming the Good News to all.

What way would we respond if Jesus invited us to leave all and follow him to bring His good news to people?

#### Prayer:

**Thank You Lord** for the turning points in our lives when we realised the path we were on was not leading anywhere and we through reaching out to others saw a new light which gave us a new way and grace filled moments.

**Forgive us Lord** for the times we did not listen to the invitation of Jesus to bring His good news to all because we were too busy in our lives.

**Help us Lord** to help those who are feeling lost. Inspire some Jesus person to go and sit with them bringing them out of their darkness to see a great light.